

Gregory J. Czyszczon, Ph.D., LPC
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EDUCATION

- 2014 Ph.D., Counseling and Supervision, CACREP-Accredited
James Madison University, Harrisonburg, VA
Dissertation: An Exploration of the Experience of In-Home Counseling Services
- 2008 M.A., ED.S., Community Counseling
James Madison University, Harrisonburg, VA
ED.S. Project: Illusions of Intimacy: Human Encounter in an Electronic Age
- 1995 M.ED., Special Education, Concentration in Emotional Disturbance
James Madison University, Harrisonburg, VA
- 1993 B.A., History, Minors in Secondary Education and Music
James Madison University, Harrisonburg, VA
Honors Thesis: Progressive Education in the Civilian Conservation Corps, 1933-1942

GRADUATE AND ADULT EDUCATION TEACHING EXPERIENCE

- COUN 697 *Addictions Counseling*, Spring 2021 – Present
Eastern Mennonite University, Harrisonburg, VA
- TRHS 561 *The Neurobiology of Trauma, Resilience, and Well-Being*, Fall 2020 – Present
Trauma and Resilience in Healthcare Settings Certificate Program,
Eastern Mennonite University, Lancaster, PA
- COUN 699 *The Neurobiology of Trauma*, Fall 2020 – Present
Eastern Mennonite University, Harrisonburg, VA
- COUN 587 *Crisis Counseling*, Spring 2019 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 518 *Integrated Counseling Process*, Spring 2019 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 529 *Practicum*, Spring 2019 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 690 *Internship II*, Spring 2019 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 517 *Human Growth and Development*, Fall 2018 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 508 *Counseling Techniques*, Fall 2018 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 547 *Counseling Theories*, Fall 2018
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
- COUN 689 *Internship I*, Fall 2018 – Present
Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA

PSYC 640	<u>Introduction to School Counseling</u> , Fall 2017 Department of Graduate Psychology, James Madison University, Harrisonburg, VA
PSYC 882	<u>Doctoral Practicum in Counseling</u> , Spring 2017 Department of Graduate Psychology, James Madison University, Harrisonburg, VA
COUN 517	<u>Human Growth and Development</u> , Fall 2016 Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
COUN 587	<u>Crisis Intervention for Counselors</u> , Summer 2016 Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA
EXED 301	<u>Brain-Based Strategies for Teachers</u> , Summers 2011, 2012, 2013 Outreach and Engagement, James Madison University, Harrisonburg, VA
PSYC 614	<u>Advanced Developmental Psychology</u> , Fall 2011 Department of Graduate Psychology, James Madison University, Harrisonburg, VA
PSYC 790	<u>Internship for School Counselors</u> , Fall 2011-Spring 2012 Department of Graduate Psychology, James Madison University, Harrisonburg, VA

UNDERGRADUATE TEACHING EXPERIENCE

PSYC 101	<u>Introduction to Psychology</u> , Summer 2018 James Madison University, Harrisonburg, VA
PSYC 325	<u>Counseling Psychology</u> , Spring 2017-Spring 2018 James Madison University, Harrisonburg, VA
PSYC 160	<u>Lifespan Human Development</u> , Spring 2016 James Madison University, Harrisonburg, VA
PSY 105	<u>Psychology of Adjustment</u> , Fall 2015-Spring 2016 Blue Ridge Community College, Weyers Cave, VA
PSY 220	<u>Introduction to Behavior Modification</u> , Fall 2014 Blue Ridge Community College, Weyers Cave, VA
PSY 230	<u>Developmental Psychology</u> , Fall 2014-Spring 2017 Blue Ridge Community College, Weyers Cave, VA
PSY 215	<u>Abnormal Psychology</u> , Spring 2015; Fall 2016 Blue Ridge Community College, Weyers Cave, VA
PSYC 250	<u>Introduction to Abnormal Psychology</u> , Spring 2015-Summer 2017 James Madison University, Harrisonburg, Virginia
GPSYC 160	<u>Lifespan Human Development</u> , Summer 2011-Fall 2013 Study Group, James Madison University, Harrisonburg, VA
EXED 306	<u>Lifespan Issues: Individuals with Disabilities</u> , Summer 2011-Spring 2019 James Madison University, Harrisonburg, Virginia
EXED 320	<u>Survey of Learning Disabilities</u> , Fall 2010-Fall 2011 James Madison University, Harrisonburg, Virginia
EXED 310	<u>Survey of Emotional Disturbance</u> , Spring 2009-Fall 2015 James Madison University, Harrisonburg, Virginia
EDUC 310	<u>Teaching in a Diverse Society</u> , Fall 2008 James Madison University, Harrisonburg, Virginia
HRD 145	<u>Leadership in a Diverse World</u> , Fall 2006-2008, Spring 2007-2009 James Madison University, Harrisonburg, Virginia
PSYC 100	<u>Interpersonal Skills for Resident Advisers</u> , Fall/Spring 2000-2008 James Madison University, Harrisonburg, Virginia

CLINICAL SUPERVISION EXPERIENCE

- 2019-Present *Clinical Director*, Strength in Peers, Back on Track Program, Harrisonburg, VA. Provide clinical oversight for Federally-funded program to address homelessness.
- 2013-Present *Clinical Supervisor*, Secure Child In-Home Program, Charlottesville, VA. Provide clinical supervision using concepts of parent-child attachment to reinforce provision of relationally-based in-home services.
- 2012-Present *Residency Supervisor*. Provide supervision for Residents in Counseling.
- 2017-2020 *Clinical Supervisor*, Lutheran Family Services, Minnick School, Harrisonburg, VA. Provide on-site clinical supervision for school counselor.
- Fall 2011-Spring 2012 *School Counseling Internship*, James Madison University, Harrisonburg, VA. Provided individual and group supervision for school counseling interns. Conducted regular class meetings. Supported graduate students in the completion of their degree program.
- 2009-2011 *Program Coordinator*, Crossroads Counseling Center, Harrisonburg, VA. Provided comprehensive oversight for the in-home, child-centered family counseling program and the outpatient counseling program including weekly administrative and clinical supervision. Provided practicum and internship supervision for students from the Master's programs in counseling at Eastern Mennonite University and James Madison University.
- Spring 2011 *Clinical Supervisor*, PSYC 852, Advanced Supervision and Consultation, James Madison University, Harrisonburg, VA. Provided clinical supervision for school counseling students working at various practicum sites in elementary, middle, and high schools.
- Spring 2009 *Teaching Assistant*, PSYC 701, Crisis Counseling, James Madison University, Harrisonburg, VA. Developed a series of role-playing vignettes designed to provide Master's students with an experience of counseling someone who was suicidal; provided feedback to the students individually and in small groups after viewing their role-played counseling sessions.

COUNSELING EXPERIENCE

- 2012-Present *Owner, Executive & Clinical Director*, Harrisonburg Center for Relational Health, PLLC. Provide clinical and administrative leadership for this community agency.
- 2010-Present *Owner*, Innerwork Counseling, Harrisonburg, VA. Provide counseling services for children and families in a private practice setting.
- 2013-Present *Assessment Assistant*, Virginia Child and Family Attachment Center, Charlottesville, VA. Assist in conducting Strange Situation attachment assessments under the supervision of William Whelan, Psy.D.
- 2012-2013 *Assessment Assistant & Doctoral Intern*, Mary D. Ainsworth Child-Parent Attachment Clinic, Charlottesville, VA. Assist in conducting Strange Situation attachment assessments under the supervision of Robert Marvin, Ph.D. and William Whelan, Psy.D.

- 2011-2013 *In-Home Therapist*, The Circle of Security® In-Home Program, LLC, Charlottesville, VA. Provide in-home counseling for parents using the Circle of Security® model. Worked under the supervision of Tarn Singh, LCSW and Wanda Seagroves, LCSW.
- 2009-2010 *Intensive In-Home & Outpatient Therapist*, Crossroads Counseling Center, Harrisonburg, VA. Provided therapeutic services for children and families as needed and conducted all initial intake assessments for the in-home program. Worked under the supervision of Dane Byers, LPC and Darlene Hilton, LPC during residency.
- 2007-2009 *Lead Family Therapist*, Harrisonburg League of Therapists, Harrisonburg, VA. Provided intensive in-home therapy for children and families. Worked under the supervision of Jennifer Henkel, LCSW, Dave Waters, Ph.D. and Steve Greenstein, Ph.D.
- 2007-2008 *Ed.S. Counseling Extern*, James Madison University Counseling and Student Development Center, Harrisonburg, VA. Provided individual counseling for students with a range of clinical issues. Worked under the supervision of Shirley Cobb, LPC.
- 2006-2007 *Intensive In-Home Therapist*, Crossroads Counseling Center, Harrisonburg, VA. Provided intensive in-home therapy for children and families. Worked under the supervision of Em Yoder, LPC.

RELATED PROFESSIONAL EXPERIENCE AND EMPLOYMENT HISTORY

- 2018-Present *Assistant Professor of Counseling*. Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA. Teach graduate counseling courses and coordinate professional practice placements as part of a Federal grant to provide clinical services in rural areas.
- 2009-2020 *Adjunct Instructor*. Department of Educational Foundations and Exceptionalities, James Madison University. Taught undergraduate courses in Special Education.
- 2017-2018 *Speaker/Trainer*. PESI, Inc. Eau Claire, WI. Provided training on *Mental Health Issues in the Classroom* for counselors, psychologists, social workers, and school psychologists.
- 2015-2018 *Adjunct Assistant Professor of Psychology*. Department of Psychology & Graduate Psychology, James Madison University, Harrisonburg, VA. Taught graduate & undergraduate psychology courses.
- 2016 *Adjunct Assistant Professor of Counseling*. Master of Arts in Counseling Program, Eastern Mennonite University, Harrisonburg, VA. Taught graduate counseling courses.
- 2014-2017 *Assistant Professor of Psychology*. Department of Psychology, Blue Ridge Community College, Weyers Cave, VA. Taught undergraduate psychology courses.
- 2011-2013 *Instructor*. Study Group, Harrisonburg, VA. Taught undergraduate psychology courses for international students preparing to enter James Madison University.
- 2006-2009 *Adjunct Instructor*. Department of Learning, Technology, and Leadership Education, James Madison University. Taught undergraduate courses in Human Resource Development and Education.

- 2000-2008 *Area Coordinator.* James Madison University Office of Residence Life, Harrisonburg, VA. Hired, trained, and supervised professional, graduate, and undergraduate hall director staff, developed and implemented themed-living programs including *Madison International* & the *Second-Year Experience*, provided disciplinary guidance and sanctions for undergraduate students, and instructed and co-designed a Psychology course for RAs.
- 1998-2001 *Fatherhood Initiative Coordinator, 1998-1999; Visitation Supervisor, 1999-2001,* Big Brothers Big Sisters, Harrisonburg, VA. Visited with local fathers and children who desired a mentoring relationship; implemented a campaign to recruit local mentors. Supervised visits between a father and son; taught parenting skills.
- 1998-2000 *Director of Group and Conference Programs, 1998-1999; Assistant Camp Director, 1999-2000,* Camp Horizons, Harrisonburg, VA. Coordinated, planned, and managed outdoor experiential education programs for various groups, provided supervision to an international program staff and supervised the implementation of adventure-based programs. Created and managed an annual budget of \$1.3M, managed a comprehensive camp program including marketing, program development, staff hiring, and staff training and coordinated and supervised internship programs through a local university.
- 1995-1998 *Special Education Teacher, 1995-1997; Social Studies Teacher, 1997-1998;* William Monroe High School, Stanardsville, VA. Taught students with emotional disturbance in a self-contained setting, taught Spanish for students with learning disabilities, taught ninth grade World History in the general education classroom.

PROFESSIONAL PRESENTATIONS

- Czyszczon, G. (July 2023). “**The Healing Path with James Finley & Bonnie Badenoch.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G. (December 2022). “**Introduction to Neurobiology in Play Therapy.**” Virginia Association for Play Therapy, Harrisonburg Chapter.
- Czyszczon, G., Meador, M., Culp, L. (October 2022). “**The Divided Brain Discussion with Iain McGilchrist and Dan Siegel.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G. (September 2022). “**IntraConnected: Integrating Identity and Broadening Belonging as MWe with Dan Siegel.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G. & Olson, K. (July 2022). “**Navigating in Turbulent Times with Deb Dana.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G. (November 2021). “**The Inner Work of Racial Justice with Rhonda V. Magee.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G. & Lowell, M. (September 2021). “**Game Changer: Attachment as a Survival System from a DMM Perspective with Marc Baumann.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.
- Czyszczon, G., George, S., & Singh, T. (July 2021). “**The Secure Child Program: Applying the Interpersonal Neurobiology of Attachment in the Child Welfare System.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.

Czyszczon, G., Meador, M., & Olson, K. (December 2020). “**Strange Situation: A Mother’s Journey into the Science of Attachment with Bethany Saltman.**” Global Association for Interpersonal Neurobiology Studies *Living Journal* Webinar.

Czyszczon, G. (May 2020). “**Nervous Systems in an Anxious Time.**” National Alliance on Mental Illness, Virginia Chapter; Alliance Against Seclusion and Restraint; Eastern Mennonite University, Trauma and Resilience in Healthcare Certificate Program.

Stewart, A., Echterling, L., and Czyszczon, G. (June 2016). “**The Magic and Neuroscience of Play Therapy.**” Mid-Atlantic Play Therapy Training Institute, Arlington, VA.

Czyszczon, G. (June 2015). “**Diversity and Empathy in Lifespan Human Development.**” Eastern Conference on the Teaching of Psychology, Staunton, VA.

Czyszczon, G. (April 2015). “**The Marschak Interaction Method.**” COUN 557, Assessment and Evaluation Procedures, Eastern Mennonite University.

Heselmeyer, R. & Czyszczon, G. (June 2013). “**A Mindful Approach to Intercultural Development.**” Association for Humanistic Counseling National Conference, New York, NY.

Heselmeyer, R. & Czyszczon, G. (September 2012). “**Mindful Multiculturalism: Exploring Intercultural Attitudes through Reflective Awareness.**” Southern Association for Counselor Education and Supervision Conference, Savannah, GA.

Dupre, M. & Czyszczon, G. (October 2011). “**Supervising in Non-traditional Settings: Challenges and Opportunities.**” Association for Counselor Education and Supervision Conference, Nashville, TN.

Czyszczon, G., & Hammond, C. (March 2011). “**The Marschak Interaction Method: Using Play-Based Assessment to Measure Attachment in Home-Based Family Counseling.**” *Conversations on Attachment*, Eastern Mennonite University, Harrisonburg, VA.

Czyszczon, G., & Hammond, C. (March 2011). “**Home-Based Family Counseling: An Emerging Field in Need of Professionalization.**” American Counseling Association Conference, New Orleans, LA.

Echterling, L., Stewart, A., Heselmeyer, R., Czyszczon, G., Dupre, M., & Lynch, M. (October 2010). “**Applying Improvisation Principles to Counselor Education.**” Southern Association for Counselor Education and Supervision Conference, Williamsburg, VA

Heselmeyer, R. & Czyszczon, G. (October 2010). “**Encouraging Worldview Development: A Framework for Moving Toward Ethnorelativism.**” *Diversity Challenge* sponsored by the Institute for the Study and Promotion of Race and Culture, Boston College, Boston, MA.

Czyszczon, G. and Lynch M. (February 2010). “**Families in Crisis: In-Home Techniques that Promote Resilience.**” 6th Annual Traumatology Symposium, Argosy University, Sarasota, FL.

Czyszczon, G. (April 2008). “**Illusions of Intimacy: Human Encounter in an Electronic Age.**” Graduate Research Symposium, James Madison University, Harrisonburg, VA.

Czyszczon, G. (April 2008). “**Deepening Diversity: the Intercultural Development Inventory.**” Invited presentation, President’s *Navigating Diversity* Conference, James Madison University, Harrisonburg, VA.

Todd, M. & Czyszczon, G. (March 2008). “**Comparison of Health and Academic Performance Between University Recreation Users and Non-Users.**” National Intramural-Recreational Sports Association Conference, Austin, TX.

Todd, M., Czyszczon, G., Sidman, C., and Pratt, C. (September 2007). “**Comparison of Health and Academic Indices Between University Recreation Facility Users and Non-Users.**” Poster presentation, CISAT Research Day, James Madison University, Harrisonburg, VA.

- Czyszczon, G. & Todd, M. (November 2006). **“Generation M Goes to College: Electronic Media Use and Correlates to Health and Academic Performance.”** Virginia Student Services Conference, Wintergreen, VA.
- Czyszczon, G., Todd, M., Krikau, P., and Bacon, J. (September 2006). **“Generation M Goes to College: Electronic Media Use and Correlates to Health and Academic Performance.”** Invited presentation, James Madison University Student Affairs and University Planning Division Leadership Team, Harrisonburg, VA.
- Czyszczon, G. & Krikau, P. (November 2006). **“The Matrix: Understanding White Privilege.”** Virginia Student Services Conference, Wintergreen, VA.
- Czyszczon, G.J., Gatesman, C. and Meyer, G. (November 2006). **“Spirituality Dialogues.”** Virginia Student Services Conference, Wintergreen, VA.
- Czyszczon, G. (June 2004). **“Instant Messaging and Community in Residence Halls.”** Association of College and University Housing Officers International Conference, Montreal, QC, Canada.
- Czyszczon, G. (June 2004). **“Instant Messaging and Community in Residence Halls.”** ResNet Conference, Princeton, NJ.
- Czyszczon, G. (February 2004). **“Instant Messaging: :) or :(?”** Southeast Association of Housing Officers Conference, Hilton Head, SC.
- Czyszczon, G. (November 2003). **“A Revolution and Its Malcontents: Beginning to Address the Impact of the Internet on Students’ Social Relationships.”** Virginia Association for Student Personnel Administration/Virginia Association of College and University Housing Officers Conference, Wintergreen, VA.
- Czyszczon, G. & Young, W. (November 2003). **“Good Grief! Mentoring Students Through the Grief Process.”** Virginia Association for Student Personnel Administration/Virginia Association of College and University Housing Officers Conference, Wintergreen, VA.
- Czyszczon, G., et. al. (May 1995). **“Outdoor education and special students: Camp KAT and Camp DJ.”** Council for Exceptional Children Conference, Roanoke, VA.
- Czyszczon, G. (March 1993). **“Progressive Education in the Civilian Conservation Corps, 1933-1942.”** Seventh National Conference on Undergraduate Research in Salt Lake City, UT.

INVITED WORKSHOPS

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| January 2020 | Czyszczon, G. <i>Exploring Implicit Bias Using the Intercultural Development Inventory.</i> A workshop for school counselors, school psychologists, and school social workers. Harrisonburg City Schools, Harrisonburg VA. |
| November 2017 | Czyszczon, G. <i>Building Trauma-Informed Schools.</i> A how-to workshop for school counselors. Rockingham County Schools, Harrisonburg, VA. |
| June 2017 | Czyszczon, G., Howard, A., & Richardson-Lauve, J. <i>Building Trauma-Informed Schools.</i> A how-to workshop for teachers, school counselors, and administrators. Summer Institute in Counseling, James Madison University. |
| June 2017 | Czyszczon, G. <i>Building Trauma-Informed Schools.</i> A how-to workshop for school Central Office administration and Principals. Rockingham County Schools, Harrisonburg, VA. |

- February 2015 Czyszczon, G. *Looking Through Each Other's Eyes: Power, Privilege, and Difference from Ferguson to Blue Ridge*. Blue Ridge Community College. Facilitated dialogue on diversity in light of current events. Sponsored by the Regional Center for Teaching Excellence, Virginia Community College System.
- June 2011 Czyszczon, G. & Heselmeyer, R. *Mindful Multiculturalism: Reflective Exploration of Intercultural Development*. Explored intercultural themes using mindfulness meditation. Summer Institute in Counseling, James Madison University.
- September 2010 Czyszczon, G. *Living, Learning and Teambuilding*. Brought together five living-learning communities at a local community college for an afternoon of teambuilding. Blue Ridge Community College, *repeated in September 2011 and 2012*.
- October 2008 Czyszczon, G. & Krikau, P. *The Myers-Briggs Type Indicator*. Provided Alternative Spring Break Trip Leaders with tools to deepen leadership capacities through an understanding of psychological type. James Madison University.
- August 2008 Czyszczon, G. *Developing Intercultural Sensitivity*. Provided an interactive workshop using the Intercultural Development Inventory for multicultural attachés training with the Center for Multicultural Student Services. James Madison University.
- September 2007 Czyszczon, G. & Krikau, P. *The Matrix: Understanding White Privilege*. Provided an interactive workshop which utilized a privilege walk and group discussion to engage a large group of freshman, sophomore and junior students participating in a leadership training program. Washington & Lee University, Lexington, Virginia.
- March 2007 Czyszczon, G. & Krikau, P. *The Myers-Briggs Type Indicator*. Provided organizational development using psychological type for the staff of the local Big Brothers Big Sisters. Harrisonburg, Virginia.

RESEARCH & PUBLICATIONS

- Czyszczon, G. (2023). *Restoring Connections Research and Practice Lab*. Eastern Mennonite University, Founder and Director.
- Czyszczon, G. & Stewart, A. (2023). *Assessing the Effectiveness of Transformative Couples Therapy*[®] IRB protocol #F23 (Eastern Mennonite University) and #24-4252 (James Madison University).
- Bixler, S., Czyszczon, G., & Wright, A. (2023). *Conectere: Restoring Connections with Caregivers and Faith*: Lilly Endowment, \$1.25 million over 5 years.
- Redenbach, L. & Czyszczon, G. (2020). *Interpersonal neurobiology: Integrating the brain and the relational self. Episode 162*. Found at <https://tinyurl.com/y6bsbutl>
- Czyszczon, G. (2015). *An exploration of the experience of in-home counseling services*. Ann Arbor, MI: ProQuest LLC.
- Czyszczon, G., Riviere, S., Lowman, D. & Stewart, A. (2014). Family play therapy. In *Play therapy: A comprehensive guide to theory and practice* (pp. 186-200). New York: Guilford.
- Hammond, C. & Czyszczon, G. (2014). Home-based family counseling: An emerging field in need of professionalization. *Family Journal*, 22(1), 56-61.
- Briggs, M. K., Akos, P., Czyszczon, G., & Eldridge, A. (2011). Assessing and promoting spiritual wellness as a protective factor in secondary schools. *Counseling and Values*, 55, 171-184.
- Czyszczon, G. (2011). *Playful assessment in the home*. Virginia Counselors Association Newsletter, p. 8.

- Czyszczon, G., & Lynch, M. (2010). *Families in crisis: Resilience-based interventions in in-home family therapy*. Retrieved from http://counselingoutfitters.com/vistas/vistas10/Article_17.pdf
- Todd, M., Czyszczon, G., Wallace Carr, J., & Pratt, C. (2009). Comparison of Health and Academic Indices Between University Recreation Facility Users and Non-Users. *Recreational Sports Journal*, 33, 43-53.
- Czyszczon, G. (2006). *Spirituality Dialogues: Engaging Students in the "Big Questions."* Southeastern Association of Housing Officers (SEAO) Report, Fall, pp. 35-36.
- Czyszczon, G. (1993). *Progressive Education in the Civilian Conservation Corps, 1933-1942*; Seventh National Conference on Undergraduate Research *Proceedings*.

LEADERSHIP

- 2023-Present *Accelerated Experiential Dynamic Psychotherapy (AEDP) Institute*. TEACH AEDP Committee Member. Invited as one of six seasoned AEDP practitioners to receive and evaluate curricular offerings of the AEDP Institute.
- 2022-Present *Accelerated Experiential Dynamic Psychotherapy (AEDP) Institute*. Lead Experiential Assistant. Provide leadership for international trainings in AEDP as the coordinator for international teams of experiential assistants. Work closely with Institute faculty.
- 2015-Present *Global Association for Interpersonal Neurobiology Studies (GAINS)*. Board member. Serve as a board member for an international non-profit organization committed to advancing the science, practice, and application of interpersonal neurobiology.
- 2017-2020 *Harrisonburg-Rockingham Trauma-Informed Community Network (TICN)*. Co-chair of Executive Committee.
- 2016-2020 *Virginia Association for Play Therapy (VAPT)*. Secretary of the Board of Directors.
- 2011-2017 *Breaking Free*. Served as board member and clinical service provider for a local non-profit agency that provided equine-assisted psychotherapy.
- 2009-2010 *Children's Services Collaborative*. Brought together providers of children's mental health services in Harrisonburg-Rockingham to address issues of access and service integrity.
- 2008 *Sustainable Campus Working Group*. Invited by the Vice President for Academic Affairs at James Madison University to participate in a group seeking to determine how best to integrate the practices of sustainability across campus.
- 2006-2008 *Spirituality Dialogues*. Developed and implemented a campus-wide program called *Spirituality Dialogues* to provide safe spaces for discussion of religion and spirituality.
- 2005-2008 *Living-Learning Programs*. Developed two living-learning programs, the *Second-Year Experience*, a program focused on leadership, and *Madison International*, a program which brought international students and US national students together in a residence hall. Built collaborative relationships across departments and divisions. Consulted with Center for Research and Assessment Studies and utilized assessment data to improve programs.

SERVICE

Community

2019-2021	Harrisonburg Rockingham Free Clinic, <i>Board Member</i>
2014-2021	Social Services Advisory Board, City of Harrisonburg, <i>Chairperson</i>
2014-2016	Local Human Rights Committee, Commonwealth Center for Children, <i>Chairperson</i>
2007-2009	Local Human Rights Committee, Commonwealth Center for Children, <i>Member</i>
2008-2009	Office of Judicial Affairs, James Madison University, <i>Civic Learning Mentor</i>
1998-2004	Local Human Rights Committee, Commonwealth Center for Children, <i>Member & Chair</i>

Academic

January 2023	<i>Evolved Nest Curriculum</i> , Darcia Narvaez, Ph.D., <i>Reviewer</i>
January 2015	<i>Lifespan Development</i> , Sage Publications, <i>Reviewer</i>
Fall 2008	<i>A Casebook for Exploring Diversity</i> , Pearson, Allyn & Bacon, <i>Reviewer</i>
Spring 2008	<i>Introduction to Leadership: Concepts and Practice</i> , Sage Publications, <i>Reviewer</i>

CONSULTATION

Mar – Sept 2021	<i>Brighter IDEAS: Inviting Diversity, Strengthening Equity, and Acting inclusively through courageous conversation :: a program of intercultural growth and development.</i> Together with a diverse team of facilitators, led a local business through this proprietary program over a 7-month period.
Summer 2018	<i>Program Development Consultant.</i> Developed a proposal for a School Counseling program on behalf of the Master of Arts in Counseling program at Eastern Mennonite University.
Spring 2017	<i>Subject Matter Expert.</i> Served on panel for Shenandoah Valley Smart Beginnings to discuss Adverse Childhood Experiences.
Fall 2012	<i>Subject Matter Expert.</i> Provided interview to WHSV-TV for a story on individuals' use of social media and its impact on relationship.
Spring 2007	<i>PSYC 100 Substance Abuse Module.</i> Internal consultant to the Assistant Director for Training in the Office of Residence Life in order to redesign the substance abuse module of the Psychology 100 course for resident advisers.

HONORS & AWARDS

2023	<i>Peer Support Ally of the Year</i> , Department of Behavioral Health and Developmental Services Region 1 Year of the Peer.
2018	<i>Clinical Counselor of the Year</i> , Central Virginia Counselors Association
2010	<i>President's Award for Outstanding Writing in 2009</i> , National Intramural-Recreational Sports Association.
2006	<i>Outstanding Professional in Virginia</i> , Virginia Association of College and University Housing Officers.

CURRENT LICENSURE AND CERTIFICATIONS

Commonwealth of Virginia, Board of Counseling, *Licensed Professional Counselor* (0701004850)

Commonwealth of Virginia, Postgraduate Professional Teaching License (PGP-371550)
Teacher, History & Emotional Disturbance (K-12)
School Counselor (PreK-12)

Mary D. Ainsworth Child-Parent Attachment Clinic/Ainsworth Attachment Clinic, The Circle of Security®
Individual and Family Protocol, *Certified* by Robert Marvin, Ph.D.

Clinical Supervision Training presented by Thomas G. Durham, Ph.D., LADC, Department of Behavioral
Health and Developmental Services (VASIP/COSIG), *Certificate of Completion*.

Murphy-Meisgeier Type Indicator for Children® (MMTIC®), Center for Application of Psychological Type
(CAPT), *Certified*.

Myers-Briggs Type Indicator® (MBTI®), Otto Kroeger Associates (OKA), *Qualified Administrator*.

Eye Movement Desensitization and Reprocessing (EMDR), *Level I Provider*

Neurosequential Model of Therapeutics (NMT™) from the Child Trauma Academy, Houston, TX. *Certified*

Intercultural Development Inventory® (IDI®), IDI, LLC, *Qualified Administrator*.

TRAINING IN PROGRESS

Acudetox Specialist (ADS) from Victoria Taylor, L.Ac. *September 2023*. (AcuDetox is auricular acupuncture used for
treating addiction.)

Adult Attachment Projective (AAP) from Melissa Lehmann, Ph.D. *October 2023*.

Certified Trauma Specialist (CTS) from the National Institute for Trauma & Loss in Children, Albion, MI. *All
training completed*.

Preschool Child-Parent Attachment Classification System from William Whelan, Psy.D. at the Virginia Child and
Family Attachment Center, Charlottesville, VA. *November 2018*.

Child-Parent Relationship Therapy (CPRT) from Sue Bratton, Ph.D., Center for Play Therapy, University of North
Texas. *June 12-13, 2015 at the Virginia Association for Play Therapy Annual Conference, Harrisonburg, VA*.

Strange Situation Workshop, Infant Classification System from L. Alan Sroufe, Ph.D. and Elizabeth Carlson, Ph.D.
at the Institute for Child Development, University of Minnesota. *August 2015 and June 2016*.

Accelerated Experiential Dynamic Psychotherapy (AEDP). *Level III*. Supervised by Molly Eldridge, LCSW; Jerry
Lamagna, LCSW (Senior Faculty); and Judy Silberstein, LCSW.

Transformative Couples Therapy® (TCT). *Practitioner*. Supervised by David Mars, Ph.D., LMFT.

PROFESSIONAL ORGANIZATIONS

National Acupuncture Detoxification Association (NADA), *Member*

Global Association for Interpersonal Neurobiology Studies (GAINS), *Board Member*

Virginia Association for Play Therapy (VAPT), *Member*

Society for Emotional and Attachment Studies (SEAS), *Member*

Society for Research in Child Development (SRCD), *Member*

AEDP Institute, *Member*

American Counseling Association (ACA), *Member*

Association for Humanistic Counseling (AHC), *Member*

Virginia Counseling Association (VCA), *Member*