

Curriculum Vitae

Education:

Lancaster Theological Seminary, Master of Divinity, May 2013

Eastern Mennonite University, Bachelor of Science in Nursing, May 2008

Pennsylvania College of Health Sciences, Lancaster, PA, Diploma in Nursing, May 2005

Professional Experience:

Hospice and Community Care

Chaplain – Inpatient and Home Hospice, October 2018 - Present

Provide spiritual care and counseling to patients and families under hospice care in the inpatient facility and home settings in conjunction with the interdisciplinary team

Unitarian Universalist Association

Ordained Minister in Ministerial Fellowship, September 2016 - Present

Affiliate Community Minister at the First Unitarian Universalist Church of Berks County

Eastern Mennonite University, Lancaster Campus

Adjunct Professor – RN to BSN Program, January 2017 – Present

Courses: Issues & Values, Nursing Transitions, Effective Communication

Pennsylvania College of Health Sciences: Lancaster, Pennsylvania

Adjunct Professor – Sciences and Humanities Department, August 2014 - Present

Courses: Ethical and Legal Dimensions of Healthcare; Death, Dying, & Bereavement

Penn Medicine Lancaster General Health: Lancaster, Pennsylvania

Staff Chaplain, Heart Failure Unit and Advance Care Planning Facilitator August 2015 – August 2018

Managed the spiritual care to patients with acute/chronic heart failure and other cardiac disease

Provided spiritual support to patients and families through the process of LVAD candidacy and recovery

Provided staff support and education to the interdisciplinary team

Developed and facilitated Compassion Fatigue & Resilience Committee for Registered Nurses

Developed and facilitated the Heart Failure Support Group for patients and families living with heart failure

Developed and implemented Post-Code Pause: Self-Care Hospital-wide Intervention

The Johns Hopkins Hospital: Baltimore, Maryland

Clinical Pastoral Education Second-Year Resident August 2014 – August 2015

Clinical Assignment: Palliative Care Services and Cardiovascular Progressive Care Unit

Provided spiritual support to a widely diverse population of patients, family and staff as an integral member of the interdisciplinary Palliative Medicine Team

Developed learning tools specific to Palliative Care Chaplaincy: Verbatim Format, Didactic, Case Study

Create and facilitate a weekly support group for Palliative Care Providers

Research Projects: Compassion Resilience for Palliative Medicine Physicians and Advanced Practice Nurses

Influence of Islam on End-of-Life Decision-Making

Penn Medicine Lancaster General Health

Clinical Pastoral Education Resident August 2013 – August 2014

Clinical Assignments: Palliative Medicine Service, Oncology, Mental Health

Focus on Systems Centered Theory and Institutional & Healthcare Ethics

Developed and Facilitated Self-Care Modalities for the Palliative Interdisciplinary Team

Developed and Facilitated Spirituality Group for patients on the Mental Health Unit

Penn Medicine Lancaster General Health

Registered Nurse, Blood Bank Donor/Treatment Center, January 2007 – 2013

Assessed, administered and documented professional nursing care to homologous/autologous blood donors and patients with hematological disease

Facilitate new employee training

Maintain and updated Standard Operational Procedures in compliance with regulatory agencies

Penn Medicine Lancaster General Health: Women and Babies Hospital

Chaplain Associate August 2011 – August 2012

Provided spiritual support to patients and families experiencing perinatal loss

Learning Project: How to Care for the Self While Caring for Others: A Retreat for Nurses

Masonic Village at Elizabethtown

Nursing Supervisor, June 2005 – December 2006

Provided professional nursing care and leadership in the Dementia Units

Improved the self-development of others by systematically providing clear objectives, specific performance feedback, efficient coaching and development of opportunities and resources

Research Experience

Palliative Care Intervention in Improving Quality of Life, Psychological Distress, and Communication in Patients with Solid Tumors Receiving Treatment. The Johns Hopkins Hospital, 2014-2015, Dr. Thomas Smith. Sponsored by City of Hope Medical Center.

How Islam Influences End-of-life Care: Education for Palliative Care Clinicians, Johns Hopkins Hospital, 2015. Dr. Madeline Leong, Dr. Rab Razzak, Chaplain Tahara Akmal. Associated Publication: Journal of Pain and Symptom Management.

The Impact of Spiritual Care on Patient Satisfaction. The Spiritual Care Department at The Johns Hopkins Hospital, 2015.

Publications and Presentations:

Theology and End-of-Life Planning Workshop: The Gift of Finitude. Unitarian Universalist Church of Hartford County, Churchville, MD October 2018

Anti-Racism Workshop: First Unitarian Universalist Church of Berks County, August 2018

Physician and Chaplain Team Up for Patients with Heart Failure Article, Vision Publication of the National Association of Catholic Chaplains, Vol 27, No. 4. July/August 2017.

Do you know what I want? Advance Care Planning for Heart Failure Patients. Abstract. Innovative Collaboration to Enhance Advance Care Planning on a Heart Failure Unit. Presented at the Heart Failure Society of America 2016 Conference.

How Islam Influences End-of-life Care: Education for Palliative Care Clinicians, Johns Hopkins Hospital, 2015. Dr. Madeline Leong, Chaplain Tahara Akmal, Chaplain Sage Olnick, Dr. Rab Razzak. Associated Publication: Journal of Pain and Symptom Management 2016.

Chaplain-Led Support Group for Palliative Care Clinicians Workshop, Caring for the Human Spirit Conference, Healthcare Chaplaincy Network, April 2016.

Chaplain-Led Support Group for Palliative Care Clinicians Article, Caring for the Human Spirit Magazine. Co-Author with Dr. Madeline Leong. October 2016.

Advance Care Planning as a Spiritual Practice Presentation, Lancaster and Berks County Theology with a Twist Series, May 2016.

Moral Distress Presentation and Panel Discussion, Registered Nurse Residency Program, Penn Medicine Lancaster General Health Penn Medicine, May 2016.

Paging God: Spiritual Care Tools for Providers and Nurses, Host and Co-Presenter with Dr. Wendy Cadge, Penn Medicine Lancaster General Health, April 2016.

Professional Memberships:

Association of Professional Chaplains
Unitarian Universalist Ministers Association
Unitarian Universalist Society of Community Ministers
Registered Nurse, Pennsylvania State Nurses Association

Professional Trainings

Deepening Continuing Education Program: Adaptive Leadership and Conflict Transformation, Unitarian Universalist Ministers Association. August 2018 – January 2020

Mindfulness-Based Stress Reduction Series: Penn Medicine Lancaster General Health, April - May 2017

Beloved Conversations Anti-Racism Training, Unitarian Universalist Association, June - July 2016

Advance Care Planning Facilitator and Instructor Certification, Respecting Choices Program, Gundersen Health System, April 2016

Aspiring Leaders Training Series: Coaching and Conflict Management: Penn Medicine Lancaster General Health, April 2015.

Mental Health First Aid and Suicide Prevention Training, Mental Health America of Lancaster County. June 2014

Buddhist Perspectives on Love, Relationships, and Communication Workshop, The Omega Institute, June 2008